

## Academic Senate looks at ways to restructure NU administration

MARION RHODES  
News editor

The elimination of NU President Dennis Smith's position after his retirement next June is one option the Academic Senate may consider after a proposal to restructure the university system's administration.

At the Senate's first meeting of the school year, senator John Fech, extension educator for the university's Southeast Research and Extension Center, initiated a discussion about possible changes in the university's administrative structure. One possibility that came up was the elimination of the president's office.

Joe Rowson, director of communication for the University of Nebraska, said he could not imagine that there would be a follow up on the idea. "There has been no serious discussion of that by the Board of Regents, and I doubt there will be," Rowson said. He said the university structure has been around for years and is pretty well settled. "It is essential that we have a central administration."

Fech said he didn't know how seriously the issue would be pursued.

"People agreed that it was a good idea to discuss it, but there really was no discussion," Fech said. "At this point, it's just an idea, and we have no idea what's going to happen."

## Latino Heritage Month kickoff celebrates the richness of culture

VALERIE CUTSHALL  
Senior staff writer

Students can celebrate the rich Latino culture through dance, music and other media at UNO, which is hosting activities until Oct. 15 for Latino Heritage Month.

UNO kicked off activities Monday with a free concert featuring Latino band Trilogia.

"Trilogia plays Latin American music and includes a little of bit of everything," said Luis Muralles, cultural awareness programs coordinator and student organizations adviser. "They always please the audience. I like them because they have an amazing sound and are easy to work with."

Muralles is in charge of planning and coordinating all the festivities for the heritage month. The purpose of the Latino Heritage Month is to introduce Latino culture to UNO, Muralles said.

"We want to bring awareness about the Latino culture to the students," he said. "The Latino population is one of largest minority populations. It is



photo by Chris Machian

L to r, Paulina Vazquez, Noemi Longoria and Danielle Ramirez dance Monday during Latino Heritage Month

important to learn about Latino culture to break down some of the stereotypes about Latinos."

UNO will host several more

activities throughout Latino Heritage Month, including a poetry slam Oct. 14

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### ONE TIME AT BAND CAMP...

Below, William Storey, 11, gets a quick lesson from Shanna Olney of the UNO Marching Band Wednesday morning. Storey is part of the 6th grade instrumental students from Western Hills Elementary, University Partnership Magnet Band Buddies.



photo by Chris Machian



photo by Chris Machian

Above, This is the second year of the program, developed by Melissa Berke of the UNO Music Department, which allows students to shadow a UNO band member during a rehearsal.

## International students, Sept. 11; the aftermath

CARRIE ZAAYER  
Senior staff writer

There have been very few noticeable changes on UNO's campus as a result of the Sept. 11, 2001 attacks on the World Trade Center. However, the department that has probably been hardest hit by government policy changes at UNO is International Studies and Programs.

As of Aug. 1, all U.S. schools and universities were required to have a fully implemented electronic tracking system for international students. Additionally, all foreign students applying for a student visa now must have a face-to-face interview in an American Embassy or Consular office.

The department, which saw no significant drops in enrollment by international students after Sept. 11, 2001, is seeing its first drop this semester now that the new procedures have been enacted, said Merry Ellen Turner, director of International Programs.

"For international students, applying for admission to school in the United States is difficult under the best of circumstances," Turner said. "Then when you add to that these new requirements, it makes the process become almost cumbersome and burdensome for international students."

Responsibility for the new electronic database, the Student and Exchange Visitor Information System (SEVIS), has fallen mostly on the university. The new visa application procedures are what most heavily affect the students.

Steve Hoiberg, advisor for the International Professional Development program, said Korea, which is a

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SPORTS

## News briefs and events around campus

MARION RHODES  
News Editor

### Smithsonian curator to speak Oct. 3 at Durham Distinguished Guest Lecture Series

Tom Crouch, curator of the Aeronautics Division of the National Air and Space Museum at the Smithsonian Institution, will lecture on the Wright Brothers and the history of flight as the keynote speaker at the 2003 Charles W. Durham Distinguished Guest Lecture Series. The event, hosted by the UNO Aviation Institute, will be held Oct. 3 at the Strauss Performing Arts Center, beginning at 7:30 p.m.

### Oct. 7 Goldstein Lecture to focus on 9/11, the price of human rights

The executive director of Amnesty International USA, William F. Schulz, will deliver the fifth annual Shirley and Leonard Goldstein Lecture on Human Rights at 7 p.m. Oct. 7 at the William H. Thompson Alumni Center. The presentation is entitled "Tainted Legacy: 9/11 and the Price of Human Rights." The event is free and open to the public.

### Fitness Center offers cholesterol screenings Sept. 24

The UNO Fitness Center will offer

cholesterol screenings to students, faculty and staff from 7:30 a.m. to noon Sept. 24 in Room 103 of the Health, Physical Education and Recreation Building. The screenings cost \$15 and require a 12-hour fast. Appointments are required and can be scheduled at 554-3221.

### Fitness Center offers blood pressure screenings Sept. 30

The UNO Fitness Center will offer free blood pressure screenings to students, faculty and staff from 8 a.m. to 1 p.m. Sept. 30 in the Health, Physical Education and Recreation Building. A station will be set up in the hallway near the fitness center. No appointments necessary.

### Fall Career Fair Oct. 15

The 2003 Fall Career Fair at UNO will be held Oct. 15 in the Milo Bail Student Center.

### "Lunch and Learn Seminar Series" begins today

UNO Black Women will start the group's "Lunch and Learn Seminar Series" today. Three seminars will be held from noon to 1 p.m. in the Omaha room of the Milo Bail Student Center. Today's seminar is entitled "Leaders Building Bridges to Professional Learning Communities" and will be held by Karen Hayes, assistant

professor of educational administration/supervision. The other seminars will be Oct. 17 and Nov. 21.

### R.E.A.S.O.N. Fall Forum Sept. 27

The fourth annual R.E.A.S.O.N. fall forum will be held from 2 p.m. to 4 p.m. Sept. 27 in the Ballroom of the Milo Bail Student Center. The presentation is entitled "Two Years After: Has America Responded Rationally?" Featured speakers will be Marion Boulby, UNO Department of History; John Lyden, Dana College Department of Philosophy and Theology; and Musa al-Hindi, Arab-American Anti-Discrimination Committee.

### UNO hosts showcase open house Oct. 4

High school students can take a look at life at UNO on Oct. 4 during the university's first Showcase Open House. The event will run from 8 a.m. to 12:30 p.m. and will offer activities including free ACT test preparation sessions, free financial planning/financial aid sessions for parents, tours of academic departments, campus tours, housing tours and a free continental breakfast and lunch. High school students interested in the event can register at [www.openhouse.unomaha.edu](http://www.openhouse.unomaha.edu) or call Jason Blohm at 554-6281.

### Pulitzer prize winner to deliver history lecture Sept. 30

Laurel Thatcher Ulrich, the Phillips Professor of Early American History at Harvard University, will deliver the seventh annual Richard Dean Winchell History Lecture Sept. 30. The event, which is free and open to the public, will begin at 7:30 p.m. at the William H. Thompson Alumni Center. The title of Thatcher Ulrich's lecture is "Well-Behaved Women Seldom Make History."

### UNO student jumps from Scott Village balcony

A UNO student jumped from a Scott Village balcony Wednesday night, said a campus security officer.

Campus security and Omaha Police were sent to investigate the situation at 10:13 p.m.

Scott Village residents and witnesses reported a man had fallen and broken his arm after jumping from the second story of the complex.

Sgt. Linda Petersen, a campus security officer, said the student was taken to Bergan Mercy Medical Center for treatment. (contributed by Josie Loza)

## Grant supports research on small town aircraft transportation

CARRIE ZAAVER  
Senior staff writer

The Aviation Institute at UNO recently received a \$140,000 grant to continue its research in the Small Aircraft Transportation System (SATS), a NASA program that is being studied by universities and the aviation industry.

Aviation Institute professor Scott Tarry said the research is intended to implement the technology of large airlines into small, four-to-six-passenger aircrafts to make them safer and easier to use in small airfields.

The purpose is to develop a new kind of air transportation system that would benefit people in small communities who sometimes have to drive hours to get to a larger airport.

The funding for the program comes from the National Consortium for Aviation Mobility, which is in partnership with NASA and other government agencies.

The program at UNO is studying the services at Nebraska's public-use airports and looking for ways to implement a system that will be useful to travelers, Tarry said. The state has 92 airports, but there is no cost-effective service for passengers.

In a state like Nebraska with only one large airport that offers good airline service, the outlying communities don't have access to air travel as easily as the residents near Omaha do. Tarry said they are looking to create an air taxi model that would allow people to use the internet to book a flight from a small airport and fly from one small community to another or to a larger airport.

"Right now, if someone in McCook, Neb., wants to fly to Omaha, they have to drive to Denver to catch a plane to Omaha," Tarry said.

SATS is looking for ways to make small aircraft travel economical and safe in areas where a large airline system

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## Career Exploration, Outreach Office extends into community

KINDRA KRUEGER

Staff writer

Are you struggling to find a job because you'll be graduating soon? Do you know where you want to apply for internships? Do you need help circulating your résumé? If you're like most college students, you probably answered yes to at least one of these questions, and UNO's new Career Exploration and Outreach Office is your ticket to success.

The office is a division of University Affairs and was created in August of this year. It is one component of what the traditional Career Center consisted. The office's goal is to "expand relationships with employers [in the metro area] so they have more chances to come to campus, interact with students and faculty and create more internships and career opportunities for students," said Bill Swanson, assistant to the vice chancellor.

The Career Exploration and Outreach Office is working to create stronger relations with employers and encouraging them to become more active in the campus community. Currently, the office is recruiting employers for the career fair, which will be held from 10 a.m. to 3 p.m., Oct. 15 in the student center.

Along with the career fair, the Career Exploration and Outreach Office will set up on-campus interviewing, which will allow students to interview with potential employers. A Web site, which will include job

postings, links to other employment sites and other career-related information, is also forthcoming.

The Career Exploration and Outreach Office hopes to create programs that will be beneficial for employers and educational for students. The goal is for students to graduate better prepared to get the jobs they want and for employers to recognize the capability of the students.

Most people who know about the Career Exploration and Outreach Office have learned about it from notices posted at the Career Center. To increase student awareness, the office will offer several career preparation workshops throughout October.

The workshops have been developed for students with the help of local human resource professionals who have volunteered to assist the Career Exploration and Outreach Project in presenting the workshops to students.

"We need to become more visible," Swanson said. "The workshops and more employer involvement will do that."

Upcoming workshops include: résumé writing from 3:30 p.m. to 4:30 p.m., Oct. 7 and from 8:30 a.m. to 9:30 a.m., Oct. 8; interviewing from 2:30 p.m. to 4 p.m., Oct. 23; dress for success, Oct. 8; and résumé critiquing during the week of Oct. 13 or Oct. 20. Locations and times for these events are yet to be determined.

For more information, contact Bill Swanson at 554-2612 or [wswanson@mail.unomaha.edu](mailto:wswanson@mail.unomaha.edu).

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and a pair of movie nights. "Personally, I think it is important to learn about all the Latino cultures," Muralles said. "The Latino population is made up of several different countries with their own traditions and customs. By learning about the culture, it will bring out what that culture has to offer. We need to look at the richness of Latino culture."

The dance company Chomari Ballet Folklórico Mexicano also participated in opening day activities. Chomari was formed as an outreach program of El Museo Latino and has been performing since 1993.

Members of Chomari who performed at UNO include UNO students Jesse Ramirez, Noemi Longoria and Danielle Ramirez.

"It is important to learn about the art and culture through the dance," said Magdalena Garcia, founder and executive director. "Chomari is a resident dance company and has

about 25 members. We can learn about our own culture through the performance. In a way, the dancers educate the audience through the art of dance."

Chomari performed traditional Mexican dances from the state of Jalisco. This type of dance seems to be the most popular because it is very decorative and expressive, Garcia said.

Chomari performs traditional Mexican folkloric dances from the states of Puebla, Chihuahua, Tamaulipas, Guerrero, Veracruz and Jalisco. Dance classes are offered for all ages, at several different times throughout the school year, both days and weekends.

El Museo Latino is located at 4701 S. 25 St. El Museo Latino exhibits the works by local, national and international artists. For more information, contact El Museo Latino at 731-1137. Guided tours and bilingual guided tours are also available.

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country UNO gets a lot of students from, is one example where previously, students just had to send all their documents in and have a visa sent to them.

"But now they're in a situation where they're all having to go in for personal interviews," Hoiberg said. "That not only puts a tremendous burden on the student but also on the embassies and consulates."

Turner said students are encountering long delays in getting an interview, some waiting as long as two months. It is also an added stress for students who have to travel long distances to reach the nearest embassy or consulate.

Ilhom Choev, a student who came to UNO last fall from Tajikistan, had to fly to Kazakhstan to apply for his visa because there is no functioning consulate in his country.

"I got all those immigration papers at the last moment, so I had to fly directly to the United States from Kazakhstan," Choev said.

He said he was able to get an interview at the embassy in one day. He had to show them a variety of papers, including his immigration form from UNO, proof that his sponsor had the finances to support him in the United States and a letter saying he would have a specific job with a certain salary when he returned to Tajikistan.

Some students must also go through random and specific security checks, which can also be time consuming, Turner said. Additionally, in late 2002, the INS (now the Bureau of Citizenship and Immigration Services) began requiring all visitors from certain countries, primarily Middle Eastern, to go through a special registration process.

Turner said about 13 percent fewer international graduate and undergraduate students are expected this fall, a decline she attributes to several factors.

"It's harder for students to get visas, they're subject to greater scrutiny, it takes longer, so that's all part of one factor," she said. "Then you have these countries like Australia and Canada and New Zealand and the U.K. who are really courting foreign students. They're offering them scholarships and their visa process is not nearly as cumbersome as ours."

Another factor, Turner said, is that tuition has increased at many American universities. UNO has seen a 15 percent tuition increase for non-resident students each of the last two years.

SEVIS, a project that was in the works before Sept. 11, 2001, replaced the old

paper-based system on which International Studies ran. Turner said the system was expedited after the terrorist attacks and was put into place before it had been fully tested.

She said SEVIS was needed because the paper-based system was inefficient and ineffective, but the implementation process has been difficult because it was done so quickly. SEVIS tracks the same information on students that universities have always had to monitor, such as addresses, name changes and program status.

The department has spent a lot of time over the last year working out the glitches to get the system running by Aug. 1.

"With all the time we've been spending with the IT department trying to implement these things, that's taken time away from the time we're able to dedicate to our work with counseling and housing and all the liaison work that we try to do with other departments," said Lori Arias, assistant director of International Student Services. "We're hoping that will shift a bit."

The system is beginning to even out and Turner said ultimately it will be helpful and make everyone's job easier.

Choev encountered a few glitches of his own in the process of coming to UNO. He said he was unable to download the application from the UNO Web site, so he had to use a paper copy and type it in a typewriter, which was out of ink.

"I had to look for ink for like two or three days, but I didn't find it because the machine was so old," Choev said. "So I had to hand-write it to fill out the application."

Additionally, when he got a passport in Tajikistan, his last name was spelled wrong by one letter, and was never corrected. Then the embassy issued his visa with the incorrect spelling, as did the Social Security office in the United States, he said. It was easier for UNO to change his name in the registrar's office to match the incorrect spelling on his visa. Now his new last name in this country is Choev.

"If it's not a problem in getting the visa, I don't care," he said.

In the end, Turner said they are hopeful that enrollment numbers will rise again as the glitches in the system are worked out.

"The international students who come here represent this tremendous reservoir of goodwill for the United States when they go back to their countries around the world," Turner said. "And that kind of ambassadorship is probably one of our most undervalued foreign policy tools right now."



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## Professor shares knowledge of Russian literature, women's issues with UNO students

A.R. WADE

Staff writer

While American students are adopting Spanish faster than ever, many shy away from any language with an uncomfortably foreign alphabet, which barely rubs shoulders with our familiar Latin or Germanic cousins in the Indo-European language family. For those willing to relearn speech and writing from its most rudimentary skills, UNO's Russian program is embodied in a single professor.

Tatyana Novikov came to Nebraska in the summer of 1995 upon completing her Ph.D. Having emigrated from her Moscow home in 1989, she first spent a year in Boston before moving to Gainesville, Fla., where she commuted between gainful employment and graduate work at the University of Florida at Tallahassee. Far from home only in geography, she earned a doctorate in the humanities, with Russian literature as a special area of concentration.

In her work at UNO, Novikov has applied her training with vigor. She regularly teaches Russian language classes, Russian literature, Russian culture and civilization. Her preparation at the

Moscow Institute of Foreign Language and experiences in East Germany allow her to teach German, particularly when there is no native speaker professor on staff. Novikov developed the Russian minor and teaches the bulk of the program, providing students a nearly unmatched continuity in their studies. In cooperation with the Lincoln campus, students may combine classes at UNL or participate in distance learning to add a Russian minor to their degree.

It is in her contributions to the women's studies program that Novikov is finding the most intellectual stimulation and satisfaction. Drawing heavily on her experience in Russia and building upon her scholarly foundations, Novikov has been investigating the history of violence and indifference toward women in the former Soviet Union. Issues of employment, equal opportunity, domestic violence, cultural violence and general awareness of women's culture all provide fertile study in an area which is only now flowering in Russia. To this end, Novikov is editing the anthology *Violence in Russian Literature and Culture*, which spans the

subject from the 19<sup>th</sup> century Romantics up to the present day and includes contributions from authors in the United States, Britain and Russia.

According to Novikov, a literary mythology has promoted the passive and submissive woman as a model for all females. Soviet literature excluded all female concerns, excluding any discussion on sexuality, feminist thought or family dynamics. As a result, women's problems have been largely marginalized. Prior to the fall of the Soviet Union, crimes against women went largely unreported, as part of a larger agenda of suppressing knowledge of violent incidents or outbreaks. Without any public awareness of specific aggression, individual victims would have little hope of justice or safety.

"While Russia is not necessarily the most violent of all countries, violence is endemic," Novikov said. "We have a history of violent motifs, especially government sponsored violence. Masculinity has been valorized. But we can turn to literature to try to find the origins of this violence."

In the wake of the fall of Communism, Novikov said, Russia's publishing community has flourished. On the crest of this wave are more women producing fiction and scholarly discourse than ever before. Liudmila Petrushevskaya, Nina Sadur, Svetlana Vasilenko and Tatiana Tolstoya, descendent of Alexei Tolstoy, are a few of the new Russian authors exploring

old Russian issues. Petrushevskaya delves into the experience of minority women in the larger Soviet republics losing their identity and language when integrating into the population of their oppressors. These authors express what it means to be a woman in Russia, without any male editorialization. Furthermore, they have been receiving serious scholarly and critical attention, in addition to wide readership.

Novikov interpolates this new material with Russian classical masterpieces to demonstrate the chasm between the depiction of women and the true experience of women.

"It is so important to have serious investigation of women's contributions to art and literature," she said. "It has been overlooked, ignored and discounted for so long. We should recognize female creativity and work as distinct from masculine knowledge. By addressing it, we can help restore authority to the female experience."

She feels both women and men stand to benefit a great deal by studying women's work, specifically in relation to issues of gender.

"While we discuss this, many people, both males and females, can relate to these problems. We can then rethink received notions of power, authority and gender. Then each student can learn more about herself or himself. At the end, this all leads to self-examination."

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## Atkins fattens restaurants' bottom line

PATRICK KAMPERT

Chicago Tribune (KRT)

It is not a fad, it is a new order. And more and more, restaurateurs are seeing its effects every day: people dining under the influence of the low-carbohydrate, high-protein Atkins diet.

"They send the breadbaskets back," noted Hugo Ralli, managing partner for the Gibson's restaurants in Chicago and suburban Rosemont, Ill. "On the weekend, they order bacon burgers and say, 'Hold the bun.'"

Not that Ralli is complaining about business at the steakhouse.

"We serve huge slabs of red meat and lots of burgers as well," he said. "In June, we had the biggest month we've ever had. That's extraordinary in this day and age."

At Harry Caray's, managing partner and president Grant DePorter says it also is shaping up as a "Holy cow!" kind of year for his three Chicago locations, emphasis on the "cow."

"There has been a shift," he said. "The top seven things we sell here are our steaks, and we're having a record year."

At Caray's, bread is fading, and so is pasta.

"The pasta category is definitely becoming not as dominant as it might have been 10 years ago," DePorter said.

Why the sea change? It could be because the Atkins approach, while it has been building in popularity for years, now has the weight of some recent scientific studies behind it to justify claims that a low-carb diet can be just as effective as a low-fat diet in losing the pounds.

"Some of these studies were done by physicians to discourage their patients from using the program," said Colette Heimowitz, director of education and research for Atkins Health and Medical Information Services. "With all of the assumptions that they made prior to the research — about it being so dangerous and causing heart disease — just the opposite happened (in the studies)."

While the studies showed the diet reduced risk factors for heart disease, the jury is still out on the long-term effectiveness of the Atkins plan. Nonetheless, Heimowitz is heartened that restaurants are changing as diners say no to high-carb foods.

"They're simply responding to consumer demand," she said. "It's

wonderful, because people will be eating better and healthier outside the home. It's becoming much easier and more convenient to follow Atkins as part of a long-term lifestyle."

That the Atkins diet is becoming a lifestyle and not simply a lose-weight-fast gimmick is evident on the West Coast, where a steady stream of low-carb stores are opening for business, including a chain called Castus Low Carb Superstores.

The Atkins approach also is eating into the profits of other businesses. Niall Fitzgerald, co-chairman of Britain-based Unilever, recently complained to reporters that the low-carb diet was a key reason that U.S. sales are slipping for his company's Slim-Fast weight-loss shakes.

The U.S. Wheat Council and the British Potato Council also launched advertising campaigns trying to discredit Atkins. Heimowitz insists that her company isn't trying to eradicate carbs from Western diets altogether.

"If people understand our lifetime maintenance phase, rice and whole grains are incorporated back into the lifestyle, but in moderation," she said. "We're not saying that those things are bad; we're saying that they need to be respected and consumed in a manner that doesn't allow the body to store those carbohydrates as fat."

General manager Dan Rosenthal has seen Atkins affect business at Chicago's Trattoria No. 10. Instead of giving breadbaskets to every table, the restaurant now has a busman come around to each group to hand-serve slices of bread if they're wanted. The practice saves money, because bread (believe it or not) is a fairly expensive item on an eatery's books.

But Rosenthal said the Atkins revolution is part of a larger trend: nutrition-savvy consumers.

"Ten years ago, people would never be saying, 'Can you do chicken skinless?' People are so cognizant of nutritional analysis," he said. "I got three e-mails today asking for the nutritional analysis of everything on our menu."

But even in a health-conscious, Atkins-aware society, people still like to splurge.

"People will just have a salad and an appetizer," he said. "Then, for dessert, they'll order chocolate cake and ask us to give them extra hot fudge sauce."

## Stay warm and safe outdoors this fall

LISA LIDDANE

The Orange County Register (KRT)

As the cooler days of fall approach, comfort and safety become important issues for the outdoor fitness enthusiast.

What do you wear to stay comfortable with the mix of warm and cool weather? And what should you do to stay safe on the streets and on pavement?

The answer to the first is layering.

To the second, a combination of technology and street smarts.

Layering means adding or subtracting pieces of lightweight clothing as the temperature changes. If you begin your workout early in the morning, you peel off the layers as the day warms. Conversely, when you exercise from late afternoon to early evening, you add a layer to keep from getting cold. Most pieces should be moisture-wicking, meaning the fabric should move sweat away from skin to the top of the fabric where it evaporates. That's why the good old, bulky, cotton sweatshirt often isn't the best choice for most vigorous activities, especially endurance sports. You'll feel damp and maybe too hot in no time.

A base layer typically is a breathable, thin, short-sleeve or long-sleeve shirt. For warmth, the next layer can be a choice of a pullover, vest or zip-up jacket in synthetic fleece. This can be the top layer in the fall and the middle layer in the winter. And for activities such as cycling, running or inline skating, in which wind might be a factor, you can wear a windbreaker with vents or mesh panels to allow sweat to escape.

Some of these shells are so light, you can roll them up and stuff them in a small pouch or pocket or tie around the waist.

For a safe workout on the streets, making yourself visible is essential. Stick to light colors. Clothes, shoes or accessories made of reflective fabric or trimmed with reflective materials may help.


IllumiNITE and Reflexite's Radiance are state-of-the-art fabrics made for this purpose. The surface of the fabrics contains microscopic pieces that act like millions of mirrors reflecting light back.

But never rely on clothing for visibility and safety. If anything, always assume the worst — that the motorist heading your way cannot see you in time to stop. By the time a driver spots you, it's probably too late to hit the brakes safely.

Fitness activities in the evening that invite danger include jogging, running on the street — even when a sidewalk is available — and riding a bicycle without lights front and back. If you have no choice but to run or walk on the street because there is no sidewalk, do so facing oncoming traffic.

Darkness limits vision, so we rely on other senses to keep us aware of the potential danger in our surroundings. It's a good idea to take off the earphones when exercising at dusk, twilight and at night, so you can hear what you may not always see.

We're told to drive defensively. The same principle applies to working out in the great outdoors. Exercise carefully and be prepared.



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## Fighting Temptations gets some applause

VALERIE CUTSHALL  
Senior staff writer

In the past, movies produced by MTV films have not made a huge impact in the world of entertainment. But director Jonathan Lynn may be turning over a new leaf for MTV movies. The *Fighting Temptations* opens today and I think MTV lovers or haters will be pleasantly surprised about how humorous the movie is.

When Darren (Cuba Gooding Jr.), a shallow New York advertising executive, learns his aunt has died, he travels back to his small hometown in the South one last time to attend his aunt's funeral. At the reading of the will, Darren finds out his aunt has left him a sizeable inheritance.

The only stipulation is he must create a successful gospel choir to collect the inheritance. The only problem is that Darren can't sing. In fact, he knows nothing about singing or how to lead a choir.

Darren starts looking for the best singers in town and starts a group, knowing that he will

only receive the money if he successfully leads the local gospel group to victory at an upcoming competition.

Along the way, he begins to like the town with the help of his cousin

Lucius, played by Mike Epps and meets Terri, played by Beyoncé Knowles. Terri is a beautiful single mother who possesses an incredible voice and also warms the cold heart of Darren.

Strapped for cash, Darren creates a false image of himself to make everyone think he is very well off in New York. But in reality Darren is flat broke. The real problems start when Darren's lies are exposed and he loses everything, including the girl he falls in love with.

The movie features several other real life musicians including Faith Evans, Melba Moore, Angie Stone, Montell Jordan and The O'Jays.

All in all, the movie was humorous, witty and very well directed. I think it has potential for success. It's not the best movie you'll probably see this year, but it won't be the worst.



KRT photo

Cuba Gooding Jr., right, and Beyoncé Knowles star in "*Fighting Temptations*," which opens tonight. The comedy features several musicians including Faith Evans, Angie Stone and Montell Jordan.

## Rich McCulley hits the road to stardom

MARION RHODES  
News editor

You've got to feel bad for those musicians that play at bars for only a handful of people. Even worse is when they are on a national tour trying to promote their new CD and nobody shows up for their concerts.

That's what happened to Rich McCulley Tuesday night. The guitarist/singer/songwriter from San Francisco made a stop at the 49'er on 49th and Dodge Sts. on his "conquer the college and AAA markets" tour.

But there wasn't much to conquer.

With fewer than 20 people at the bar, McCulley and his band seemed kind of lost on the stage, which was actually a pity because their music is really good. The three-piece band plays a "rootsy" rock that has undeniable influences from a broad variety of spectrums, whether it's country, blues, alternative or any combination thereof. The mix is subtle but forceful, and even people who don't like country or blues can't help tapping along.

McCulley says his sound is shaped by the musical exposure he got from his parents. His mother would listen to the Beatles, the Doors or the Rolling Stones, while his father was more into the Johnny Cash type of music.

Driving basslines and melodic guitars give McCulley's songs a feel-good kind of energy that is hard to resist. McCulley's rough, Candlebox-style voice is backed up by on-key



photo by Josh Williamson

Rich McCulley plays to a nearly empty 49er Tuesday night. Based out of California, the band is on a national tour promoting their new CD.

harmonies, which give the music a well-rounded finish and a professional touch.

McCulley's second full-length CD, "If Faith Doesn't Matter," features 12 multi-genre songs that often have a deep, serious theme inspired by his personal experience. Others, however,

guitar lessons in San Francisco when he's not on tour.

Until the band reaches its goal of national fame, McCulley and his band mates have to suffice with touring in a van and living off peanut butter and jelly sandwiches. "But we're going to step up to pizza," McCulley joked.

## It's HIP-HOP and it don't stop:

The latest news in the industry...



KRT photo

Eminem attends the World Premiere of "8 Mile" at the Mann Village Westwood, in Los Angeles, California

LEIA BAEZ

Entertainment editor

~ **Newcomer Lil Jon** is making history. The hit single "Get Low" pushed Lil Jon's album *Kings Of Crunk* to platinum status after 45 weeks on the charts. It's the first Top 10 single in the history of T.V.T. Records.

~ **Rapper Eminem** is getting sued again, but not by his mom. A 70-year-old Los Angeles woman is suing Eminem because she claims that he sampled a section of music from her late husband's film score for his 1999 debut, *The Slim Shady LP*.

~ **P. Diddy** should have kept the nickname "Puffy" because he is being sued by a Miami cigar company claiming he revealed their secret rolling techniques in his latest music video for the hit "Shake Ya Tailfeather."

SOURCES: [www.rapindustry.com](http://www.rapindustry.com), [www.MTV.com](http://www.MTV.com) and [www.conline.com](http://www.conline.com)

## Reality shows take over television

BECKY BOYER  
Staff writer

Reality television is everywhere.

Whether you love it or hate it, most people have a favorite reality TV show they watch or that they know about. Shows like *Fear Factor* have even made it into the top ten most watched shows.

When "reality TV" is typed into the AOL search engine, 118,001 sites are available. When the same thing is

done with the Google search engine, 82 pages of sites are available. These sites range from fan based creations to articles about anything dealing with reality TV.

Freshman Janelle Hislop is one UNO student who has noticed the increase in reality shows. And although she doesn't watch a lot of TV, she said her favorite show is CBS' *The Amazing Race*.

Freshman Tina Helmers said reality TV has a stupid purpose, but

the shows can be hard not to watch. Helmers said she enjoys watching *Paradise Hotel*.

Alumni John Myre agreed with Helmers saying, "reality TV is addictive." He enjoyed *Joe Millionaire*.

Joe Quigley, a Fox field representative, has cast members for some of America's most watched reality shows. Fox is known for such reality shows as *Joe Millionaire* and

see REALITY, page 10



[illegible]

## Classroom stories and professor pet peeves

Last week, we set up a premise, and you may think I am going to take on Iraq right away. Not so fast. Let's talk about some softer issues for a few weeks before easing into tougher, political ones.

Sometimes when I talk to professors and teachers, I like to ask them what's the biggest problem that they hate to see in students. In other words, if given the silver bullet to take one single annoyance out of their students, what would that be?

A lot of different responses there. Most are commonly expected. But one is new — at least to me — which I will use to round up the list.

Some cite the problem of students showing up late for class.

The first ten or fifteen minutes of a two hour class are often interrupted by those who show up late. It goes something like this: Knock! Knock! Who's there? Who else, me again, the Always-Late guy! Five minutes later, Knock! Knock! Who's there? Me, the Last-One-To-Show-Up guy! Sometimes you feel like just leaving the classroom door open or ajar so that they can inconspicuously walk in and take their seats without interrupting the class. But then all the heavy walking and loud talking in the hallway is far worse than an occasional Knock! Knock! This is a problem. Heck, most universities have academic policies that say if a professor doesn't show up in x number of minutes after the scheduled start time, the class is automatically dismissed. We should have something that says, ten

### Making sense



Tin Mak

minutes after the start of class, the door will be securely locked buddy! Knock! Knock! Who's there? It's us, the late guys! Well, see you all next class!

More teachers hate the excuses problem.

I was once in a class (this was at a Pennsylvania college) where a student's grandma allegedly died three times in a semester (coincidentally — or maybe not — they all conveniently

fell right before the dates of the three tests for that class). Have you ever wondered why death in the family is the most used, over-used, and abused excuse for anything academic that we—the students— fail to deliver on the due date? Well, we are appealing to a fundamental weakness in human psychology. Other things, they want proof. Black & white legal documents stamped by the Notary Public with a Navy seal. Hey, professor, my car broke down. Fine, show me the invoice from the repair shop! Pity me. Professor, I was in a car accident. Okay, let me see the police report. But if you go: (sobbing) My grandma just died on me. Suddenly everything is fine and you get what you want. The professor flips open the checkbook, Tell me what you want, make-up exam? A one- week extension on your assignment? You want it, and you've got it. The thing got so bad that some professors have resorted to outright stating in the syllabus handed out the first day of class (and highlighted too!): Your grandmas can't die this semester! About that former classmate, I am not in any way hinting that he was lying, as statistically, it is possible,

given our modern-day family structures. But such coincidences nevertheless have always aroused suspicions.

Then you also have the last-minute-assignment-rush syndrome. You give out an assignment — any assignments — the students won't get to it until it's absolutely necessary. Completely late. Perfectly last minute. When the labs are jammed up. When the printers won't work. When the library books are either loaned out or have mysteriously gone AWOL within the library (the computer database says they are within the perimeters of the library but someone must have hid them somewhere as part of their own private library collection — which finally made the librarians fight back with "Don't even think about re-shelving!" posters). And when anxieties are running high, the professor gives out a computer project assignment, due in a week. Students go: What? A week? We need more time, pleaseeeeee give us three weeks, at least! Professor retorts: What's the point, y'all are going to wait till the last week anyway. Students: No, no, this time it's different, we'll do it right away. Nice professor: Okay, Three weeks it is then. Turned out: nobody did. All of them started late. Two days before the due date.

The most annoying problem, though, interestingly enough, is the lack of ability to make assumptions. What the heck is that, you ask?

Being in the academic world, whether you are a teacher or a student, invariably you have to make assumptions. You have models, you have illustrative examples, stuff that presumably help you to understand the world better. One fundamental requirement for effective learning is the ability to assume things as

required in the learning process. It helps speed up the educational process, for it simplifies things and puts everything into perspective. Interestingly, it is the same thing as that said by more than one bestselling author when writing for a wide audience: Do not assume anything. That's exactly what we need to do. Come to a class, any class, without assuming anything. Start the semester with a clean slate of mind. Because later in the course, we will be asked to assume certain things. Assume when asked to, or else don't. It's akin to the reading comprehension sections of some of the standardized tests administered by the Educational Testing Service (ETS). ETS wants you to assume nothing else, except those presented in the passages being tested.

But, at least according to some of my teachers, some students just can't do that.

I was once in a Sociology 101 class, and there was a student who said he couldn't remember stuff. He particularly pointed out that he couldn't assume things that are different from reality. Like so many a student — sometimes including yours truly, I might add — if the sky is blue, you can't ask him to assume it's pink or of any other color. If the glass is full or empty, you can't convince him to assume it's half full or half empty. You can't ask him to assume for a moment that he is back in medieval time or otherwise assume that Al Gore is President, because he isn't and neither is Al...you get the idea. A perfectly common pedagogical problem faced by many an academic. But this skill is so important, powerful, and wonderful that once we have mastered it, it opens us up for a whole bunch of other great skills (e.g., critical-reading skills) while making learning fun and efficient.

## The Gurus of UNO are great

The term "Guru" came from Sanskrit language, which means "teacher." The two-syllable word "Guru" in Sanskrit implies a person who is elevated in society; the one who is honored, even by king and queens. In this regard, Hinduism presents Guru in the equal rank with God himself as he is the one who gives knowledge, is a power of inspiration, a mentor and a guiding star.

Coming all the way from Eastern civilization to the Western, from Hinduism to Christianity, from mountains to the endless plains, the first thing I realized, as a student of UNO that the Gurus of UNO are great!

I started my first class at UNO in the spring this year and I was scared to death, being the only international student, among beautiful blondes in my American Literature class. Everything in the class was so unfamiliar to me, the students scattered in class in their most relaxing positions, some stretching legs on front chairs, some leaning all the way to the back. I hardly saw anyone who didn't have a drink in their hand, some even having their lunch and chewing gum. Some were talking on their cell phones and some reading books, while two were busy on their laptop computers. I think I was the only one, who was in an alert position, ready to stand up, as the professor entered. But to my great surprise, neither anybody stood up in honor of Guru's presence, nor did anybody greet as I was expecting. But, as the professor started to speak, all of them

### Nepal to Nebraska



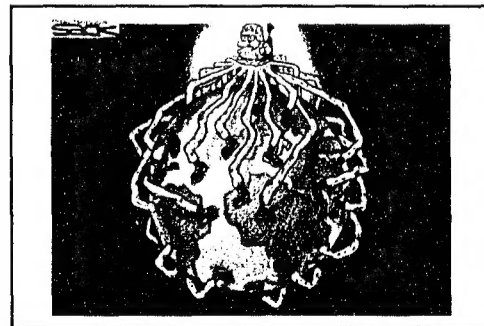
Shilu Neupane

were silent. It's not the students I was impressed with, but the professor, who was so warm, friendly, taking names of students in most affectionate manners. And to my surprise, not a single professor mispronounced my name. By the first ten minutes of the class, I was starting to feel as comfortable as I used to be in my schooldays, which I didn't expect to experience so soon.

I came from a culture, where teachers are honored as gods. Parents themselves are considered pioneer teachers to first start the education of children, as home is the first school of every child. The first lesson of education starts from the very day, when parents teach the first letter to their child, invoking the god of knowledge and worshipping Guru, a teacher. This is the reason; the teacher/professor stands as a most honored person in Hindu culture, as in other cultures as well. In school, as well as college, students are very obedient to

teachers, very respectful in every manner. In my 16 years of schooling back home, I never drank a drop of water in class, in front of my teachers, let's forget eating. I'm sure several international students like me have similar experiences. The sodas in students' hands surprised me, so did the candy and popcorn they carried. I was very disturbed on the first day. But gradually, I came to take it in an easy way and the idea of drinking and eating made sense to me. I ended up taking it in a very positive way, which has practicability in society here.

Yes! I like the way Professors teach here. I appreciate the way they are so affectionate with their students. The Gurus of UNO have made a great impression upon me. Even though, some of the things still make me uncomfortable in class, I can't share everything and speak my mind as most of my colleagues do. But also, I don't blame myself, as I can't change my entire perception of Guru, keeping him/her in the equal position of friend, in one year. For me, the professors of UNO still are my Gurus, who own the place as God owns in the heart, but I'm very happy to see Gurus in different perspective as a most affectionate friend, a mentor, a guiding star, who is the true name of giving knowledge deliberately and who is willing to help you whenever you feel lost. I'm happy that I'm a student here. It won't be so wrong to say that same idea can be shared not only by international students, but entire students of UNO that "Gurus of UNO are great!!!!"



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Letters must be signed using the writer's first and last names. Letters must include the writer's address and phone number for verification purposes only. Letters to the editor exceeding two typed pages will not be considered for publication.



## Women's World Cup goes on despite WUSA collapse

BY PAUL FREELAND  
Senior staff writer

While the demise of the world's premier women's soccer league may cast a pall over the 2003 Women's World Cup, the show will still go on and likely be better than ever.

The run-up to the WWC had been smooth until the announcement that the Women's United Soccer Association had folded due to massive debt. Despite the setback, the latest festival of women's soccer has the potential to be the best played of the four tournaments so far as the rest of the world has closed the gap between themselves and the established world powers.

The tournament breakdown with projected order of finish:

Group A — The U.S. has home field advantage in their pursuit of a third WWC title, but the draw did them no favors. Sweden's well-marshaled defense will pose problems for the U.S. while Nigeria and North Korea's physical play might take a toll on the older American players. The two-time champs won't have any cakewalks, but three wins out of three matches aren't unreasonable.

Sweden will go as far as striker Hanna Ljungberg takes them while Mercy Akide leads an experienced Nigerian attack. Two-time Asian champions North Korea could be dangerous if Ri-Kum Suk and Jin-Pyol Hui are in form. The U.S. will win the group and Sweden will edge out North Korea for second place.

Group B — Norway, winners of the 1995 WWC, has been a perennial favorite since the tournament began. The Norwegians are the only team with an all-time winning record against the U.S. and with core players like

Unni Lehn, Dagny Mellgren and Hege Riise leading the charge, the Norwegians should again be in the title hunt.

France and South Korea make their WWC debuts and while the French lean heavily on Marinette Pichon, Ji-Eun Lee and 16-year old Eun-Sun

Park lead the Korean scoring punch. Brazil, meanwhile, have their work cut out for them if they want to better their third-place finish from 1999. Norway should easily top this group while the French will do just enough to get through to the quarterfinals.

Group C — European powerhouse Germany and a feisty Canadian side

headline this group. Germany's Birgit Prinz and Canada's Charmaine Hooper are among the world's best forwards and will almost certainly be in the running for top goal-scorer.

Homare Sawa's midfield play and the support she gets from players like Mio Otani, Yayoi Kobayashi and Emi Yamamoto will likely determine Japan's success. Argentina did well to get this far, but will make up the numbers in this loaded group. Look for Germany to power their way to three wins while Japan can nick a quarterfinal spot from Canada if their defense holds firm.

Group D — Outside forces took away China's ability to host the 2003 WWC, but a favorable draw could see the Steel Roses easily through to the semifinals.

Australia's Matildas failed to impress in previous tournaments, but they should challenge Russia for second place. Alberta Sackey leads Ghana into their second WWC, but her skills alone won't be enough for the Black Queens to reach the knockout rounds. China will waltz through this group and the winner

between Australia and Russia should take second.

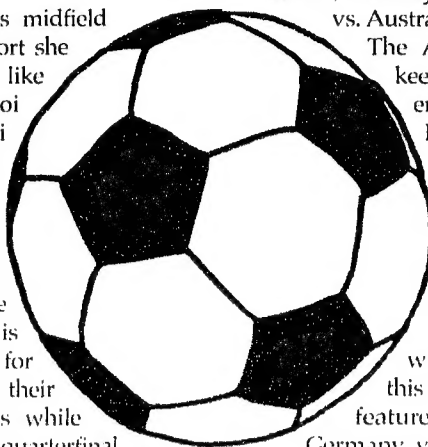
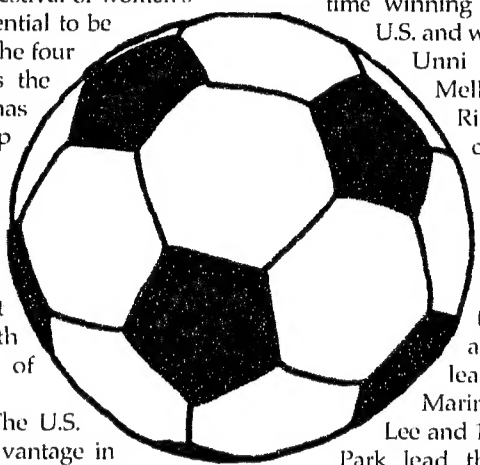
Quarterfinals — If results go as predicted, the quarterfinals will be U.S. vs. France, Norway vs. Sweden, Germany vs. Australia and China vs. Japan.

The American defense will keep Pichon reigned in long enough to advance while Norway should top the Swedes in an all-Scandinavian match-up. Germany will roll past Australia and China will advance over Japan.


Semifinals — Goals will be at a premium at this stage as all four teams feature solid defenses.

Germany vs. the U.S. should be a classic with the Americans winning a close match. Norway versus China could go either way, but the tournament was destined for a U.S.-China rematch and the Chinese won't disappoint.

Final round — Norway will top Germany in a hard-hitting third-place match, but the focus will be on the final in the sparkling Home Depot Center. In what will likely be a send-off for American icons like Mia Hamm, Brandi Chastain and others, the U.S. avoids another penalty kick shootout with a late goal and wins 1-0.



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# America's pastime heats up for October

J. PARKER ADAIR

Senior Staff Writer

Major League Baseball is rounding third and headed for home on what may quite possibly be one of the greatest seasons of all time, unless you're the Detroit Tigers. Every team has a story, every player has something to play for and Chicago Cubs fans are saying "This year..." while the rest of the world thinks they may be right.

On Aug. 29, with one month left in the season, 11 teams were within four games of their division lead and eight teams were within two games of a wild card berth.

As of Tuesday night, only the National League's West and East division were nearly cinched up by the San Francisco Giants and Atlanta Braves respectively. Everything else is up for grabs.

Five races are more entertaining than the Sausage races in Milwaukee, and Randall Simon's bat isn't affecting the outcome. The Cubs are in a legitimate title hunt with the addition of Simon, only one-and-a-half games back of the Houston

Astros. The St. Louis Cardinals are hanging in there, five games back, but the door is closing quickly. Albert Pujols is trying to become the first man since Carl Yastrzemski in 1967 to win the Triple Crown. Barry Bonds is now only four homers shy of trying his godfather Willie Mays for third on the career dinger list.

For chicks that only dig the longball, Florida's Dontrelle Willis is bringing his own version of the Miami Heat to the Marlins clubhouse and actually has them in the wild card lead for the first time since 1997 when... they won the World Series.

Holding off the Philadelphia Phillies will be no easy task, as Jim Thome and company want to say goodbye to the Vet with a playoff berth. Right behind are the LA Dodgers. Eric "Game Over" Gagne has cinched over 50 consecutive saves and is making his pitch for a Cy Young.

Meanwhile in the land of the designated hitter, the Central Division race that seemed to have a new leader everyday features the Minnesota Twins, Chicago White Sox and Kansas City Royals within three-and-a-half games of

each other. The Detroit Tigers have to win five of their last twelve games to avoid the futility record of the 1962 New York Mets 120-loss season.

Tiger pitcher Mike Maroth would count for 17 percent of those losses as he became the first pitcher since 1980 to lose 20 games, but he may be joined by teammate Jeremy by season's end.

The New York Yankees are holding the Boston Red Sox five-and-a-half games back. The Red Sox in turn are involved in a battle with the Seattle Mariners for the Wild Card. The M's are battling the A's of Oakland for the pennant in the West, but Seattle is sipping too many espressos down the stretch, and may be at home come October.

Less than two weeks remain and the playoff possibilities are as predictable as where the Expos will play next season. Will Hades freeze over as we watch a Cubs-Red Sox World Series or will the Giants and Dodgers square off for a right to play the Yankees renewing the old New York rivalry? The possibilities are endless, the stories are timeless and the season will go down as priceless.

## Predictions

NL West: Giants

NL Central: Cubs

NL East: Braves

NL Wild Card: Phillies

AL West: A's

AL Central: Twins

AL East: Yankees

AL Wild Card: Red Sox

NLDS: Cubs over Braves; Giants over Phillies

ALDS: Yankees over Twins; A's over Red Sox

NLCS: Giants over Cubs

ALCS: Yankees over A's

World Series: Giants over Yankees.

## Maverick Notes

With the win over Minnesota-Moorhead Saturday, UNO football coach Pat Behrns now has 101 for his career. His 100<sup>th</sup> came during the first win of the season against Kearney. Behrns holds a career record of 101-68 with a record of 65-41 in nine-plus seasons at UNO.

In the Football Gazette Top 40 released this week, UNO was ranked No. 8 in Division II football, the highest of any North Central Conference team. North Dakota State (17), South Dakota State (19), St. Cloud State (29) and South Dakota (40) were also on the list.

UNO's Ashley Grace was named

the NCC offensive player of the week for her two goal, three assist weekend as the No. 1 Maverick soccer team



women's golf team win at the UNK Invitational Sunday and Monday in Gothenburg, Neb. Stock shot a two-round total of 152.

UNO women's soccer needs just one more win to hit the 75 win mark in the short history of the program. Playing in their fifth season, the Mavericks have a program record of 74-16, a .822 winning percentage.

With his 180-yard, three-touchdown performance Saturday, UNO football receiver Ryan Krause earned player of the week honors by the NCC.

## from REALITY, page 6

Temptation Island.

Quigley believes that reality TV shows are so popular because in the business they are much cheaper to produce. He said that he has seen three different approaches to casting for reality TV.

One process consists of contestants sending in a reel of themselves, no longer than five minutes, and through a process of elimination, they are interviewed to make it to the next round. Another process is conducting a cattle call - a

process that invites anyone and everyone fitting a minimum of requirements to try out. And lastly, Quigley has participated in a bounty-hunt-like effort to seek out the exact parameters/personality traits that a show is casting for. Also, he said that when a person is chosen for a show, they are put through psychological tests and a background check. He said that they check things like arrest records, employment history, and even sexual history and preference are assessed.

And while millions of people try out for the shows, only the perfect

few make the casting call and become the focus of millions of Americans.

There are more than thirty different reality television shows aired weekly.

They range from people living together to people getting married to a whole lot of bizarre things.

"It's definitely not going away," Quigley said. "It has drama, controversy, and of course - sex appeal. Besides, the numbers don't lie - Nielsen ratings indicate reality television has a stronghold on today's viewers."

Currently, they are studying how the system could help business travelers who might need to go to multiple destinations in a single day under a critical time frame.

NASA has created a \$69 million research plan over five years and is going to begin flight demonstrations in 2005, according to the NASA Website ([www.nasa.gov](http://www.nasa.gov)).

## from GRANT, page 2

isn't practical.

"Rather than jump in your car and drive three hours or more to an airport, you can drive 15 minutes to a small airport," he said.

Much of the technology in large airlines that allows them to land safely in bad weather, for example, is

too heavy and too expensive to put in the smaller aircraft. Larry said part of the SATS research involves finding ways to integrate that technology into small airplanes in an affordable way.

UNO has been involved with the research for about four years with a group of faculty, staff and student assistants.

women love!

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391-7862 • 74th & Dodge M-F 10-8 Sat. 9-6

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Required for Roped Climbing  
One-time fee: \$7.50 (2001) \$20.00 (2002)  
Skill Challenge: \$3.25 (2001) \$10.00 (2002)  
Contact UNO for class times, or call or stop by the climbing wall in HEP 110.  
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Email: [unomahadiv@unomahadiv.com](mailto:unomahadiv@unomahadiv.com)  
Web: [www.unomahadiv.com](http://www.unomahadiv.com)

**Hours of Operation**  
Mon/Wed: Noon - 9 pm  
Tues/Thurs: 1 pm - 9 pm  
Friday: Noon - 8 pm  
Sat/Sun: Noon - 6 pm

**Boulder for Free!**  
Roped Climbers must be Belay Certified

Director: Joel Bauch

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9/24 at 11am

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@ [www.unogateway.com](http://www.unogateway.com)



# Welcome to UNO Mav-Rec

554-2634 HPER 100 www.unomaha.edu/~wwwocr

## Group EX

Exercise Classes are FREE!

**Friday:** 12 - 12:45 pm, Aqua Lunch HPER Pool  
12 - 1pm, Intermediate Step, HPER 110  
5:15 - 6:15pm, W.E.T. HPER Pool

**Saturday:** 9:10 am, Step Interval, HPER 110

**Monday:** 12 - 12:45pm, Aqua Lunch, HPER Pool  
12 - 1pm, Aerobics, HPER 110  
5:15 - 6:15pm, W.E.T., HPER pool  
5:15 - 6pm, Step, HPER 110  
7:15 - 8:15pm, Cardio Kickbox, HPER 110

**Tuesday:** 7:15 - 8am, Turbo Kick, HPER 110  
12 - 1pm, Cardio Kickbox, HPER 112  
5:15 - 6:15pm, WaterEx, HPER Pool  
5:15 - 6:15pm, Beginning Pilates, HPER 110  
7:15 - 8pm, StepInterval, HPER 110  
8:05 - 8:35pm, Crunch, HPER 110

**Wednesday:** 12 - 12:45pm, Aqua Lunch, HPER Pool  
12 - 1pm, Muscle Conditioning, HPER 110  
5 - 6pm, Beginning Yoga, HPER 230  
5:15 - 6:15pm, Women on Weights, HPER 105  
6:15 - 7:15pm, Step n' Tone, HPER 100

**Thursday:** 7:15 - 8am, Turbo Kick, HPER 110  
12 - 1pm, Circuit Interval, HPER 112  
5:15 - 6:15pm, WaterEx, HPER Pool  
5:15 - 6:15pm, Funk, HPER 110

Questions? Call Dave at 554-2008

## Mav-Rec Club Sports

UNO Bowling Club and Kelley's North Bowl

### First Annual Maverek Fundraiser

Sunday, October 19<sup>th</sup>

Check in at 11:15, bowl at noon

5 person team, any combination

15 Baker matches + position round

Raffles, prizes, and a lot of fun!

\$125 per team

Contact Matt Smock at 453-5500

limited to 20 teams

## Mav-Rec Aquatics

Wanted

UNO Students with competitive diving experience. Some coaching experience preferred but not required.

contact Eric Shanks at 554-2223

## Chair Massage Service

Take advantage of the convenience and low price of Campus Recreation's

### Chair Massage Service

only \$10 per 15 minutes

Services available the 1st Friday of each month  
HPER Room 109  
11 am-1 pm

appointments:  
554-3917 or  
HPER 100

## Mav-Rec Outdoor Venture Center

### Climbing Wall Grand Opening Ceremony

(11 a.m.) There will be behind the scene tours, climbing demos, raffle for a free climbing wall class, and snacks.

### Climbing Wall

Hours of Operation

M/W: Noon-9 pm  
Tue/Thurs: 1-9 pm  
Friday: Noon-8 pm  
Sat/Sun: Noon-6 pm

Get a Belay Certification! One time payment of \$7.50

### Bouldering Wall

Free for all students, activity card holders, and registered guests!!  
Same hours as above

**Rock Climbing: Anchor Setting Workshop**  
Sept. 28 - 28. This course is taught at Palisades State Park, SD and will focus on setting top rope anchors for both climbing and rappelling. Previous rock climbing and belay certification is required. Register before 9/19. \$141 UNO

**Basic Kayaking Workshop Oct. 6**  
Want to find out what it's like to paddle a kayak or learn the basic skills you need to go on an OVC kayaking trip? This class will give you valuable experience and practice time in the UNO pool. Bring a swimsuit and towel to class. Register before 9/29. \$30 UNO

Check out all of OVC's Upcoming Events on the Campus Recreation Website!

Questions? 554-2258/2539  
OVC@unomaha.edu

## Mav-Rec Dance

Swing Dance Lessons - Learn How to Dance all Kinds of Swing to a Variety of Music

Latin Dance Lessons - Learn Latin Salsa, Merengue, Cha Cha, Rumba, Ballroom Waltz and Two Step

### Session One:

Sundays  
Sept. 7, 14, 21, and 28  
It's not too late for Session One!!

### Session Two:

Sundays  
Oct. 5, 12, 19, and 26

Latin+: 1:30-2:30 pm  
Swing: 3:00-4:00 pm

### With Activity Card

You \$15 add \$5  
Friend \$13 add \$5

### w/o Activity Card

You \$18 add \$5  
Friend \$15 add \$5

Register in HPER 100

Questions? 554-2539

## Mav-Rec IM Sports

Racquetball Tournament FREE EVENT!!

Register the Day of Event in HPER 205  
September 22, 6:30 pm

Tournament Starts at 7 pm at Racquetball Courts, HPER Basement

Questions? stop by HPER 205 or call 554-2634

### Flag Football Rankings

Men's A League Top 10	Men's B League Top 10	Co-Rec Top 5
1. Boomtown Savers	1. Grapplers B	1. Miter Time
2. Flax A	2. Hustlers	2. Team Deans
3. Grapplers	3. Grapplers	3. Boulevard
4. BBR	4. UV Valley	4. Brass Knickers
5. The Replacements	5. Off With Beards	5. Blades
6. M X C		
7. Boulevard	Women's Top 5	
8. Sig Ed A	1. Sigma Kappa	
9. The Dirty Seven	2. Alpha Xi Delta	
10. Pike B	3. DV Lady Scorpions	
	4. UV Vixens	
	5. Chi Omega	

### Volleyball Rankings

Resident Hall League Top 8	Co-Rec A League Top 8
1. Red Willow Hall	1. Lucky 4
2. Nemaha Hall North	2. Team Volley
3. SV Hoies	3. Shaws
4. UV Calamus Hall	4. Gravelers
5. SV Fighting Fers	5. Free Agents Setter

### Soccer Rankings

Men's Top 8	Co-Rec Top 8
1. Team Fire	1. Team Fire
2. Sig Ed	2. Team Deans
3. Pike	3. Fighting Scots
4. Peter Lyle All stars	4. University Village
5. Scott Village	5. Thunder Cats
6. Cream of Wheat	6. Panthers

### Tennis Rankings

Men's League Top 8	Open B League Top 8
1. Ken Schaudman	1. Ken Schaudman
2. Sam Campbell	2. John Lopez
3. Will Edam	3. Jeremy Andersons
4. Robert Bope	4. Scott Lewis
5. Scott Nommensen	5. N/A

### Basketball Rankings

Men's League Top 8	Men's League Top 8
1. Team Fire	1. Team Fire and a Coter
2. Fighting Scots	2. Fighting Scots
3. Boulevard	3. Boulevard
4. Thunder Cats	4. Thunder Cats
5. Thunder	5. Thunder and a Coter

# Staff Writers Wanted

Stop by the Gateway office to fill out an application today!

# CLASSIFIED ADS

## NOTICES

Advertising will be rejected that discriminates based on age, race, color, national origin, religion, sex, disability, marital status or sexual orientation.

## LOST & FOUND

**FOR ITEMS LOST AT UNO**  
Contact Campus Security, EAB 100, 554-2648. Turned-in items can be claimed by a description and proper identification.

Advertising for items lost or found on the UNO campus will be published free in the Gateway for two weeks. Forms are available at the Office located in Milo Ball 1st Floor.

## HELP WANTED

Part time music instructors needed teaching either guitar, voice, piano, and/or flute. Call Cheri 390-2657

MR Goodcents Subs & Pastas is looking for dependable people to work day & weekend shifts.

Call 408-3333 or stop in @ 759 N. 114 St.

**Movie extra's / models needed**  
No exp. required, all looks and ages.  
Earn \$100-300 a day.  
1-888-820-0167 ext. U69

## NANNY

Seek nanny for infant. 1-2 days/week. Very flexible schedule. Experience & references required. Call Stacey at 597-3802

**BUSINESS PARTNERS NEEDED NOW!**  
Do You Earn \$100,000 Would You Like To? Part Time-Full Time Public Utility Company Small Investment Required Will Train The Right Person 402-298-7406 rdpete@aol.net

Salem Children's Center is seeking a full-time preschool teacher. If you have an educational background and is interested, contact Benitta Evans at 455-1000 ext. 121 for more information.

**Music Fans**  
Looking for 18-25 yr old music fans to promote concerts. Free Concert Tickets as compensation. Involves flirring for concerts. If you want to get your foot in the door with promotions & music call Velocity Marketing 866-716-9693

## WANTED

Sigma Alpha Lambda, Nat'l leadership & Honors Org. is seeking motivated students to form a campus chapter. 3.0 GPA req. contact: info@sahonors.org

## SERVICES

**KLEIN EDITING SERVICES:**  
METICULOUS EDITING OF PAPERS, PERSONAL STATEMENTS, ETC.  
391-1871/  
JOHNKLEIN@AOL.COM

**PIANO INSTRUCTION**  
Experienced, caring teacher with Master's Degree. Children & adults of all ages welcome. Donna Zebolsky 991-5774

## FOR SALE

Electric washer & gas dryer-\$100  
Electric stove-\$75  
Please call 490-1587

Computer table:  
Oak finish top  
Table top adjusts 5 times  
55" across by 32" deep  
Call Eric at 203-9799

**SOFA, LOVESEAT SET,**  
Contemporary, Italian style. Brand new, top quality. Retail \$1750, sell for \$495. Can deliver, call 898-9888

## FOR RENT

3 bdrm, 1 bath, 1 car garage, new refrigerator & stove. \$700/mo. Aksarben area, 5206 William St. 415-3176

House for rent 815 S. 50th. Nice big house. Great for college students. Call Paul 689-2211

**DUNDEE DUPLEX.** 3 bedrooms, 1 1/2 baths, washer, dryer, off street parking. In heart of Dundee entertainment district. \$625/mo. Call Gary at 556-2427.

Beautiful Urban 1 bdrm. ONLY \$500. Tons of amenities! Drake Court, 22nd & Leavenworth. Bus line. This won't last. 614-2088, 444-4381 or 345-4244

Nice big house for rent. Minutes from school. Call 689-2211

**GO MAVS!!!**

## ROOMMATE WANTED

Roommate wanted to share 2 bed, 2 bath apt. in Old Market. Double secure building, 10th floor, elevator & awesome view. Washer/dryer in apt. Lots of space. \$373/mo. + electricity. Available Nov. 1. Please Call Jacqui at 212-1419

Share 3 bedroom house. Washer/dryer. \$260/mo + utilities. Close to UNO. 639-7514

## HOUSING

**APTS., HOUSES and sleeping rms.** for rent, roommate lists - call UNO off-campus Housing Referral Service at 554-2383 or stop in the Admin. Office, Milo Ball Student Center.

**APARTMENTS AVAILABLE**  
9 Month Lease Available 417, 421-423 North 40th Street (Between Cathedral and Joslyn Castle) Large 1 and 2 Bedroom Apartments Carpet, Central Air, All appliances Off Street Parking, Security Lease from \$375-\$495 per month Heat and Water Paid Belgrade Company Phone 393-6306 or Fax 393-4208

## TRAVEL

Spring Break-sign up with Student Express and get FREE roundtrip airline tickets to over 15 international destinations-including Aruba, Dominican Republic, Costa Rica, Caribbean hot spots and more. Why go with anyone else. Limited offer-call now. Commission rep positions also available. 1-800-787-3787 www.studentexpress.com

## WINTER AND SPRING BREAK

Ski & Beach Trips on sale now! www.sunchase.com or call 1-800-SUNCHASE today!

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## GROUPS/ ORGANIZATIONS

**YOU KNEW US AS DECA.. NOW GET TO KNOW US AS DEX!**  
Join us for our next meeting Tues. Sept. 23 at 4pm Jenkins room 3rd floor MBSC

## ANNOUNCEMENTS

**Having a difficult time?**  
The Community Counseling Clinic in Kayser Hall 421 is free to students and low cost for everyone. Call 554-2727 for an appointment.

**NEWS TIP? CALL 554-2470**



photo by Josh Williamson

Above, Amy Sibbernson holds her son John after finishing a game. Sibbernson and her fiancé have nicknamed him Johnny Mac.

Below, Sibbernson gets a high-five from her son John after a game against the University of Nebraska at Kearney.



photo by Josh Williamson

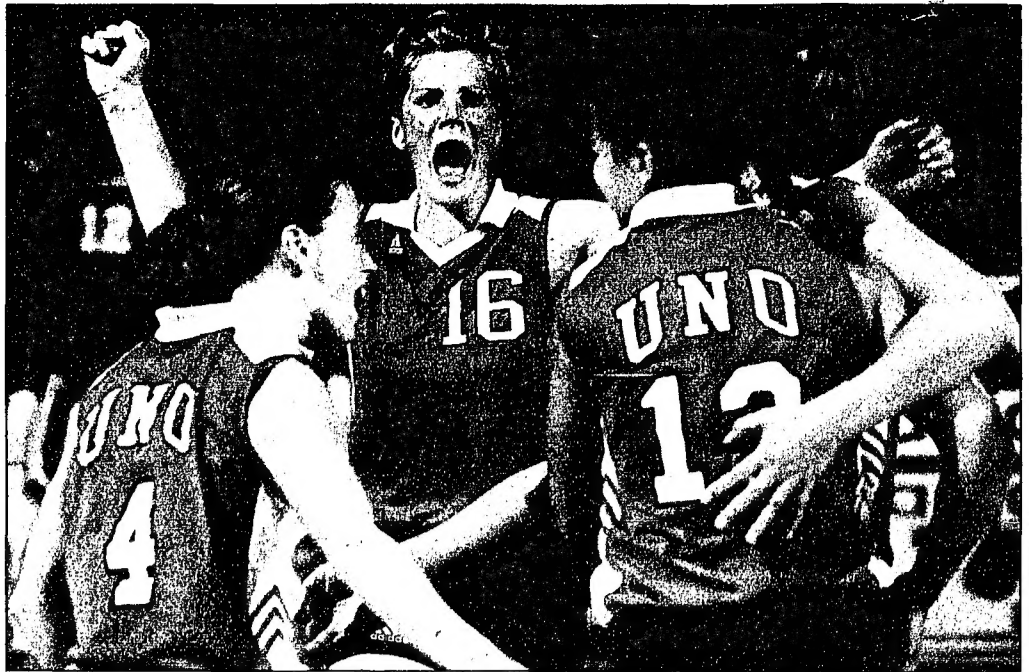


photo by Chris Machian

Amy Sibbernson and fellow players congratulate each other after a tough point.

## UNO student, athlete and mother strives to succeed

JOSH WILLIAMSON

Photo Editor

Many women have said that being a mother can be the most rewarding aspect of their lives; it can also be the most challenging, especially if you are still in school.

Juggling a full class load, keeping grades up and maintaining a high level of energy to cope with a young child can be enough to make any new parent feel overwhelmed.

Amy Sibbernson, 21, faces all these challenges with her 16-month-old son while simultaneously standing out on UNO's volleyball team.

Sibbernson practices with the team Monday through Friday, often plays two matches in a single weekend and is taking classes toward a degree in psychology.

She says becoming a mother has been one of the most challenging things she has ever undertaken, but she is still able to keep all aspects of her life in motion.

"It's very important to make the time you spend with your family, on the court or in the classroom, quality time," Sibbernson said. "And you have to have balance and the support of your family to make everything work."

Without help from her family and fiancé, Sibbernson said, she wouldn't be able to accomplish

half of the things she does.

Without someone to help keep her son occupied, concentrating on class assignments can be a challenge for Sibbernson. "It's hard to do homework on the computer when someone's interested in the keyboard or the printer buttons," Sibbernson said.

This is Sibbernson's first semester at UNO. She recently transferred from UNL where she played Division I volleyball. The year before, Sibbernson spent a year with Michigan State.

Sibbernson said the transition from a Division I school to UNO has been fairly smooth. "This is more of a balanced lifestyle," Sibbernson said.

Head coach Rose Shires emphasized to Sibbernson that volleyball should not take precedence over other things.

"Rose said education was a priority," Sibbernson said.

Sibbernson first became interested in joining the UNO volleyball team when she worked at volleyball camps over the summer at UNO. "I wanted to be a part of the new, more mature UNO team," she said.

Sibbernson currently leads the team in total kills (252) and kills per game (4.42). She is ranked second in total digs (153), digs per game (2.68), service aces (26), and blocks (27).

## Michigan takes top votes at CCHA media day; Mavs near bottom

BRIAN BRASHAW

Sports editor

Michigan, who has won the last two Central Collegiate Hockey Association tournaments, claimed the top spots in both the media and coaches' polls released Tuesday.

At CCHA media day held in Detroit, Michigan took 10 of the 12 first place votes by the coaches and 70 of the 82 media votes. UNO ranked 11<sup>th</sup> in the coaches poll and 10<sup>th</sup> in the media poll.

After finishing 10<sup>th</sup> last year, UNO didn't earn any more votes of confidence due to losing three key members of last year's squad. UNO's lost their best defenseman, Greg Zanon, and all-time leading scorer, David Brisson, after their senior years and Dan Ellis, who holds all of the Maverick goaltending records, to the Dallas Stars, the Mavericks are left with a fairly young team.

Just four seniors return for UNO, including goalie Brian Haaland who will start, at least at the beginning of the season, in place of Ellis. UNO does bring a strong class of nine freshman, including goalie Chris Holt, who played for the U.S.A. Hockey under-18 team last season. Holt may contend for the starting job through midseason.

Michigan has 18 returning players and a class of freshman voted the best in the nation by InsideCollegeHockey.com. Their lineup boasts ten NHL draft picks.

Michigan State was voted second by the media and third by the coaches, while Ferris State, who won the league's regular season title, was opposite Michigan State for second and third in the polls.

Here's what UNO coach Mike Kemp had to say about UNO this season:

"It's going to be a year of tremendous transition for our program. We're moving into the Quest Center Omaha. We're still in the process of anticipating the move as the building is just getting open this week and we're still getting some of the areas that we'll occupy completed. The 14,700-seat building will be a tremendous addition to our community, it already is as far as entertainment value and what it's bringing to our community. It will be very interesting for our hockey program. We'll have that challenge of going from 8,300 to 14,700 seats to sell and keep that sellout streak alive and it's going to be a tremendous challenge for our athletic department, as is this hockey season for our hockey program."

"I am going to have to have programs to recognize who the players are, as will most of our fans and anyone who comes to the games. Gone are the cornerstone players like Greg Zanon, David Brisson and Dan Ellis, who were basically the backbone of our team for the last three seasons. We'll have the youngest team we've had in the program since our first year. We have 19 freshman and sophomores out of our 28-man roster."

Kemp also touched on the upcoming Maverick Stampede.

The October tournament will feature a rematch of the national championship game as Minnesota battles Maine. UNO will then play Wisconsin, where Kemp began his career as an assistant, in the nightcap. This is surely going to be the premier season-opening tournament in the country.

The Gateway will have more on the Stampede and the upcoming UNO season in the next couple weeks.

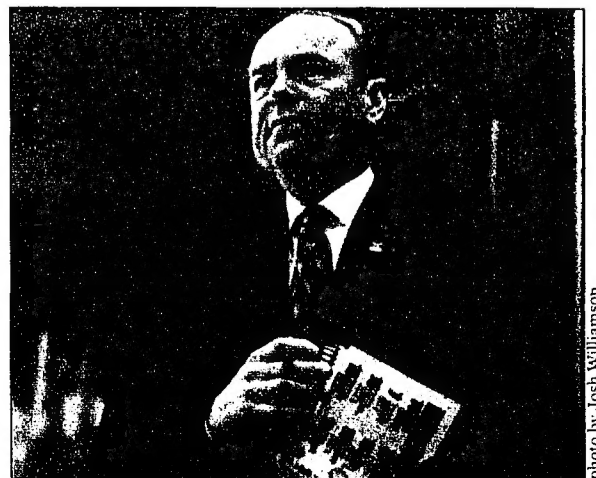


photo by Josh Williamson

Maverick hockey coach, Mike Kemp